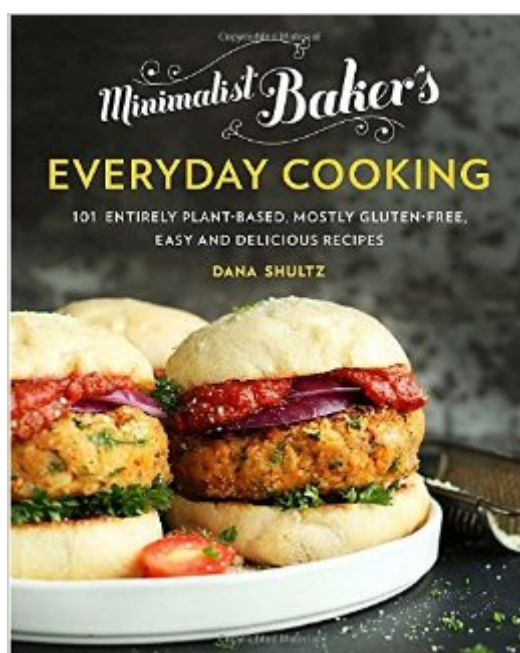


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# Minimalist Baker's Everyday Cooking: 101 Entirely Plant-based, Mostly Gluten-Free, Easy And Delicious Recipes



## Synopsis

The highly anticipated cookbook from the immensely popular food blog *Minimalist Baker*, featuring 101 all-new simple, vegan recipes that all require 10 ingredients or less, 1 bowl or 1 pot, or 30 minutes or less to prepare. Dana Shultz founded the *Minimalist Baker* blog in 2012 to share her passion for simple cooking and quickly gained a devoted worldwide following. Now, in this long-awaited debut cookbook, Dana shares 101 vibrant, simple recipes that are entirely plant-based, mostly gluten-free, and 100% delicious. Packed with gorgeous photography, this practical but inspiring cookbook includes:

- Recipes that each require 10 ingredients or less, can be made in one bowl, or require 30 minutes or less to prepare.
- Delicious options for hearty entrées, easy sides, nourishing breakfasts, and decadent desserts—all on the table in a snap
- Essential plant-based pantry and equipment tips
- Easy-to-follow, step-by-step recipes with standard and metric ingredient measurements

*Minimalist Baker's Everyday Cooking* is a totally no-fuss approach to cooking for anyone who loves delicious food that happens to be healthy too.

## Book Information

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## Customer Reviews

"Dana understands that plant-based cuisine should be accessible to the masses. You will fall in love with her approachable recipes using familiar ingredients!" —Angela Liddon, author of the New York Times bestseller *The Oh She Glows Cookbook* "There are

certainly days for farmers market strolls and lingering over the stove, but I also appreciate plant-based recipes that are concise and easy to follow. This book is an excellent resource for those not eating dairy or animal proteins while still providing plenty of flavor for omnivores alike. I often reach for cheese when I am looking for richness and flavor but am excited to try some of Dana's alternative ideas."

—Sara Forte, author of *The Sprouted Kitchen* and *Sprouted Kitchen: Bowl + Spoon*

"Very vegan and often gluten-free"

—Minimalist Baker

—s Everyday Cooking

doesn't miss a beat in delivering approachable, comforting, and reliable recipes for the serious vegan or hungry cook who just happens to be out of eggs and cream. This book is a new staple in my kitchen."

—Joy Wilson, author of *Joy the Baker Cookbook*

"The love for delicious and exciting food shines from these pages, and it all happens to be vegan and (mostly) gluten-free. Dana has carefully considered time, ease, flavour, accessibility, and any possible occasion with these colourful recipes. Comforting and beautiful food for all!"

—Laura Wright, creator of the *Saveur* award winning blog *The First Mess*

Dana Shultz is the recipe developer and co-author of the *Minimalist Baker*, which she founded with her husband, John, in 2012. Dana creates the recipes, the photographs, and the blog content, while John designs, codes, develops products, and plays visionary. The couple is situated in Portland, Oregon, where they indulge in all the craft coffee, wine, and food they can get their hands on.

I've been reading Dana's blog for a year now, and I absolutely love how easy and simple her recipes are. This book does not disappoint! The pictures are amazing and it is filled with delicious-sounding recipes. It does contain a substantial number of drinks/smoothies (about 10% of the recipes), which I don't really care for- especially in the breakfast section. That being said, I'm sure others will enjoy them and the rest of the recipes more than make up for it. One other criticism is I have is that the picture of the food sometimes appears after the recipe and sometimes before, which can be off-putting if you're a\*\*\* about things like that. I will update this review with pictures as I cook recipes from the book. Also, if you order the book and send a copy of the receipt to this email address: [bundle@minimalistbaker.com](mailto:bundle@minimalistbaker.com) You get an additional 5 recipes in your inbox. ETA: Made the Thai quinoa meatballs today. Yum!

I love this cookbook for so many reasons....1. The recipes are delicious. I've never tried a recipe from minimalist baker that wasn't good and the recipes in this cookbook are no exception!2. The meals are simple to make and the author Dana provides all the instruction you need to cook with

confidence even if you are not very experienced in the kitchen.<sup>3</sup> Most of the recipes are very nutritious but at the same time do not sacrifice flavor. The few recipes that are not "healthy" is just because they are treats meant to be enjoyed every once in a while. The jumbo chocolate chip cookies come to mind :D (and you would never guess they were vegan)<sup>4</sup>. Everything in this book is vegan and cruelty free! Every recipe is free of meat, dairy and eggs and most of the recipes are gluten free or can be extremely easily made gluten free. I think just about anyone could eat food out of this cookbook and be more than satisfied.<sup>5</sup> The photography of the food is beautiful! It's so fun to just flip through it. Even if i'm not going to choose a recipe to make, it's still fun to just go through the book and look at the pictures and think "wow that looks great" All around this is a great cookbook and I am looking forward to the next one minimalist baker puts out!

Dana Shultz and her husband are just killing it! We have been cooking their recipes since early in their blogging and they just don't miss. The ideas they have, the amount of cooking time, the flavors - are everything we're looking for. We also recommended her recipes frequently and always get such great feedback. We all like to cook, and we cook a lot of other author's recipes, but theirs are so yummy. Great book.

I love this cookbook but I prefer the online content. Just bc I'm more tech than paper with recipes. Having said that, each recipe in this book is a 4-5 star recipe. Perfect for a gift.

Full of several delicious recipes. Bought this for my wife for Christmas and she loves it. We have used several recipes from it. Great for any vegan foodies in your family

Several favorites in this cookbook that we have on a weekly rotation. Love the simplicity of the recipes as well. Good variety of protein sources without overuse of tofu or Soy products.

I can't say enough great things about this cookbook. Just like their website, the recipes are all very easy to follow, use minimal ingredients, have great pictures, and everything we have made so far tastes amazing! My husband and I switched to a plant-based diet about 5 months ago and so far this cookbook and their website have been the best resources we have found. I am a very picky eater and I love these recipes!

Really amazing recipes! I've never heard of Minimalist Baker before - though I now know she has a

beautiful food blog! I only came across this cookbook in related items I might like on , and boy, I am glad I decided to buy it, because it is wonderful! I will highly recommend this cookbook to my friends and cannot wait to make every recipe in here for my family!

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